

ISLAND  POKÉ



POKE BOWLS



Poke (Po-Keh) /poʻkei/ verb –
Hawaiian for 'to slice or dice'

A classic Hawaiian dish of diced
marinated fish, served raw on a base
of rice or salad, finished off with a
vibrant and tasty mix of toppings

Kingly Street, Soho W1

Broadgate Circle, City EC2

Crossrail Place, Canary Wharf E14

NOW AVAILABLE TO ORDER ONLINE

www.islandpoke.co.uk

For event bookings and group pre-orders
please email orders@islandpoke.co.uk

Fancy a fun, healthy alternative to
sandwiches, sushi or salads?
Island Poké is the delicious new
lunch concept taking London
by (tropical) storm!



@islandpokeuk | #islandpoke
www.islandpoke.co.uk

ISLAND POKÉ

HOUSE POKE BOWLS

CLASSIC AHI

Ahi shoyu on sushi rice w/ pineapple chilli salsa, wakame, crispy shallots, spring onions + sesame seeds

YUZU LOMI LOMI

Yuzu salmon on sushi rice w/ mango salsa, edamame beans, spring onions + sesame seeds

BEET IT

Chilli lime shoyu beetroot w/ pineapple chilli salsa, pickled ginger, spiced macadamia nuts, spring onions + sesame seeds

***ASK IN-STORE ABOUT OUR SPECIAL GUEST BOWL COLLABORATIONS**

BUILD YOUR OWN BOWLS

PICK YOUR BASE

SUSHI RICE

Soft, filling and delicious

BROWN RICE

Slow energy release

GREENS

Super healthy

RAW SLAW

Crunchy and nutritious

PICK A POKE

AHI SHOYU

Diced tuna in a soy sesame dressing with fresh ginger + spring onions

YUZU SALMON

Diced salmon in a soy, sesame yuzu dressing with spring onions

BEETROOT

Diced beetroot in a chilli lime shoyu dressing

PICK YOUR SALSA

PINEAPPLE CHILLI

Juicy pineapple chunks with chilli + spring onions

MANGO

Plump mango chunks

BURNT CORN

Scorched corn with onion, coriander + chilli

ADD YOUR HOUSE TOPPINGS

WAKAME SEAWEED

EDAMAME

KIMCHI (contains fish)

PICKLED GINGER

TOASTED COCONUT CHIPS

FRESH RED CHILLI

DRIED NORI SEAWEED

DRIED BONITO FLAKES (contains fish)

ADD YOUR GARNISHES

SESAME SEEDS

SPRING ONIONS

CRISPY SHALLOTS

GO PREMIUM

AVOCADO (+£1)

Smashed avo w/ fresh lime

MACADAMIA NUTS (+£1)

Spiced macadamia nuts

DOUBLE FISH (+£3.50)

Two portions of your choice of Poke

**Allergens? Our team will be happy to talk you through your options.*