



LUNCH

Served Weekdays 11am - 2.30pm

LUNCH TABLE

Six Daily Changing Salads, most
gluten free & vegetarian, made by our
Superchefs very early each morning

	OUT / IN
DETOX BOX	8.5 / 9.5
Choice of three Daily Changing Salads + Protein + House Made Dip	
SALAD BOX	6.5 / 7.2
Choice of three Daily Changing Salads	
PROTEIN	3.0 - 3.5 / 4.0 - 4.5
Lean Beef Ball	
Sweet Chilli Chicken Breast Skewer	
House Made Falafel	
Turkey & Sweetcorn Ball	
Avocado & Egg Nest	
DIPS	1.5 / 2.0
Hummus (no oil)	
House Made Chilli Pesto	
CHICKEN BREAST WRAP	6.0 / 6.8
Spinach Wrap w Chicken Breast, Sweet Chilli, Green Pesto, Avocado & Crunchy Bean Shoots	
BEEF WRAP	6.0 / 6.8
Spinach Wrap w Roast Beef, House Made Chilli Pesto, Mature Cheddar, Spinach & Lemon	
FALAFEL WRAP	6.0 / 6.8
Spinach Wrap w House Made Falafel, Hummus, Tomato, Cos Lettuce & Peri-Peri Sauce	

SWEET

All made in House daily,
using fresh ingredients

	OUT / IN
BEANY BALLS	1.5 / 2.0
Apricot & White Chocolate Peanut Butter & Coconut Mixed Seeds & Dates	
AUSSIE LAMINGTON	2.5 / 3.0
GIANT CHOC CHIP COOKIES	3.0 / 3.4
DOUBLE CHOCOLATE BROWNIES	2.8 / 3.2
AUSSIE ROCKY ROAD	3.0 / 3.4
Freeman Family Recipe, watch for the Liquorice 😊	
AWARD WINNING BANANA BREAD	2.8 / 3.2
Served w Butter & Honey	
GLUTEN FREE* HOUSE MADE COCONUT BREAD	3.0 / 3.4
Served w Butter & Honey	
GLUTEN FREE* ORANGE & ALMOND CAKE	3.0 / 3.4
FAMOUS BANANA BREAD SANDWICH	7.9
Two slices of our Award Winning Banana Bread loaded w Mascarpone, Fresh Berries, Honey & Flaked Almonds	

FROZEN YOGURT

Made fresh on the Farm in Wales,
100% Fat Free, nothing artificial

NAKED	3.5 / 3.9
PARTY	4.5 / 5.0
With all the toppings	

Follow us on Twitter and Instagram @BeanyGreen and @DaisyGreenFood

Full allergy list available. Our kitchen uses Nuts.

* Made with Gluten Free ingredients but in a kitchen which uses gluten & nuts